

Caltrate® Gummy Bites are a great tasting way to start a healthy calcium and vitamin D3 routine that provide 1000 mg of calcium and 1600 IU of vitamin D3 per day. They can be taken any time of day – with or without food

The Newest Members of the PCH Family





Centrum Specialist™ Energy helps the body naturally produce energy with B vitamins and ginseng*

Centrum Specialist™ Heart supports a healthy heart and circulation with antioxidants, B vitamins and folic acid*

Centrum Specialist™ Prenatal supports baby's healthy growth and development with folic acid paired with a DHA softgel*

Centrum Specialist™ Vision helps maintain healthy vision with lutein and zeaxanthin*



ProNutrients™ Fruit & Veggie has antioxidant properties to help support cell protection and general health*

ProNutrients™ Omega-3 goes beyond heart health to also support your brain and eyes*

ProNutrients™ Probiotic goes beyond digestive balance to also support a healthy immune function*